



# **BEST LLC** **GROUP THERAPY**

**\*Must be a client of BEST LLC to participate in Group Therapy Services**

For more information, including group descriptions, call us at (208) 223-0240 or go to our website at <https://behavioralenhancementidaho.com/>. To reach the group facilitator directly, email [srimer@bestllc.net](mailto:srimer@bestllc.net).



**TREM – Females**  
**Thursdays 10:30-**  
**12:00pm**

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**TREM – Males**  
**Thursdays 9:00-**  
**10:30am**

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**ACT**  
**Fridays 9:00-**  
**10:30am**

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**Grief and Loss**  
**Tuesdays 6:00-**  
**7:30pm**

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**Seeking Safety**  
**Fridays 10:30-**  
**12:00pm**

## **BEST LLC**

1001 N 7th Ave Ste 115  
Pocatello, ID 83201  
(208) 223-0240

<https://behavioralenhancementidaho.com/>

[info@bestllc.net](mailto:info@bestllc.net)