



BEST LLC **GROUP THERAPY**

***Must be a client of BEST LLC to participate in Group Therapy Services**

For more information, including group descriptions, call us at (208) 233-0240 or go to our website at <https://behavioralenhancementidaho.com/>. To reach the group facilitator directly, email srimer@bestllc.net.

TREM – Females
Thursdays
10:30-12:00pm

TREM – Males Thursdays
9:00-10:30am

ACT **Fridays**
9:00-10:30am

Grief and Loss Tuesdays
6:00-7:30pm

Seeking Safety Fridays
10:30-12:00pm
BEST LLC

1001 N 7th Ave Ste 115
Pocatello, ID 83201
(208) 233-0240

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info@bestllc.net